



# CHANGE YOUR LIFE: INCREASE HAPPINESS & GRATITUDE

Tuesday, February 5, 2019

9:15a – 11:15a

## Learn How to Improve Productivity, Academics, Relationships & Your Immune System

Happiness and gratitude are now a proven route to better performance. Happier students score higher on standardized tests, are more engaged at school and have better classroom behavior. Happier adults experience stronger job performance and productivity, and lower rates of divorce and disease. At PIN's Feb. 5 presentation, you'll discover how to:

- **Jumpstart your year with “an attitude of gratitude” and create greater happiness in your life**
- **Help your kids improve their daily performance, test scores and classroom behavior**
- **Boost kids’ self-esteem, empathy and resiliency**
- **Get them to sleep better, and reduce aggression and toxic emotions**



### About Kim Bevill

Kim Bevill is an international keynote speaker and graduate level instructor. To bring meaningful change in education, Kim has insisted on training educators on the most current applicable neuroscience and instructional strategies that work for anyone with a brain! Be ready to think outside the box in a highly interactive training. Participants consistently report feeling a new passion, purpose, and inspiration to new endeavors. More at [www.kimbevill.com](http://www.kimbevill.com).



**Parents, educators, and community members** are welcome and encouraged to attend PIN's **FREE** presentations. No need to RSVP—just come!

**Presentations held at:** **14603 E. Fremont Ave, Centennial, CO**  
(South of Arapahoe Rd., between Potomac and Jordan Roads)

### Upcoming Events - Mark Your Calendar!

- **Feb 12, 2019 ONLY** New Career Offerings for Students: Internships and the New CC Innovation Campus: Mark Morgan and Kelli Buffo
- **Mar 5 & 12th 2019** Getting High: Marijuana & Other Drugs; Panel of Professionals, Families, Act on Drugs, and Smart Colorado